

# Refresh & Reset

A COMMUNAL RETURN  
TO LEARNING



*Don't regret taking a rest!*

RESEARCH SHOWS THAT REST...

- HEALS YOUR BODY
- REDUCES STRESS
- BOOSTS CREATIVITY
- IMPROVES PRODUCTIVITY
- ENHANCES DECISION MAKING

RESOURCED FROM [FORBES](#)



# Volume III



- Community Refresh & Reset after Holiday Break!
- Curriculum Freebie: Goal Setting
- Bulletin Board Inspo: Honoring Black History Month
- Co-teach with a Curriculum Kween!

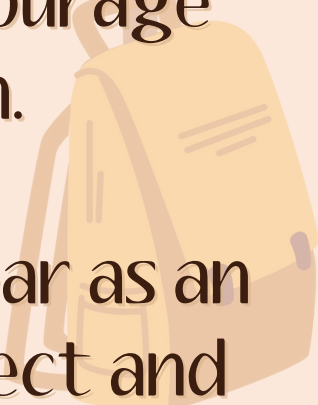




## COMMUNITY REFRESH & RESET



Create opportunities for authentic relationship building to encourage scholars' collaboration.



Use the start of the new year as an opportunity to reset, connect and reflect on ways to work together to achieve both academic and personal goals.



## Building Community & Relationships

BEFORE JUMPING BACK INTO CONTENT,  
CREATE SPACE TO CONNECT  
BEYOND THE CLASSROOM.

### FIRST FIVE

What have you been up to? Is there a show, movie, game, or experience you want to share?

- **Connect:** Turn & Talk or Share your Post It Doodle!



ART  
IS  
EXPRESSION

PICTURES  
CAN SERVE  
AS A

TOOL FOR  
NON VERBAL  
STUDENTS TO  
SHARE



## Building Collective Accountability

CHECK IN WITH SCHOLARS ABOUT THEIR ACADEMIC GOALS & CLASSROOM CULTURE.

- Ensure your grade book is up to date!
- Be transparent with scholars about where they stand.
- Create 1:1 time blocks for scholars to check-in about their grades.
- Create space for discussion & reflection for what's working & what isn't for learning.



TRY [PADLET](#) AS A DIGITAL BULLETIN BOARD!



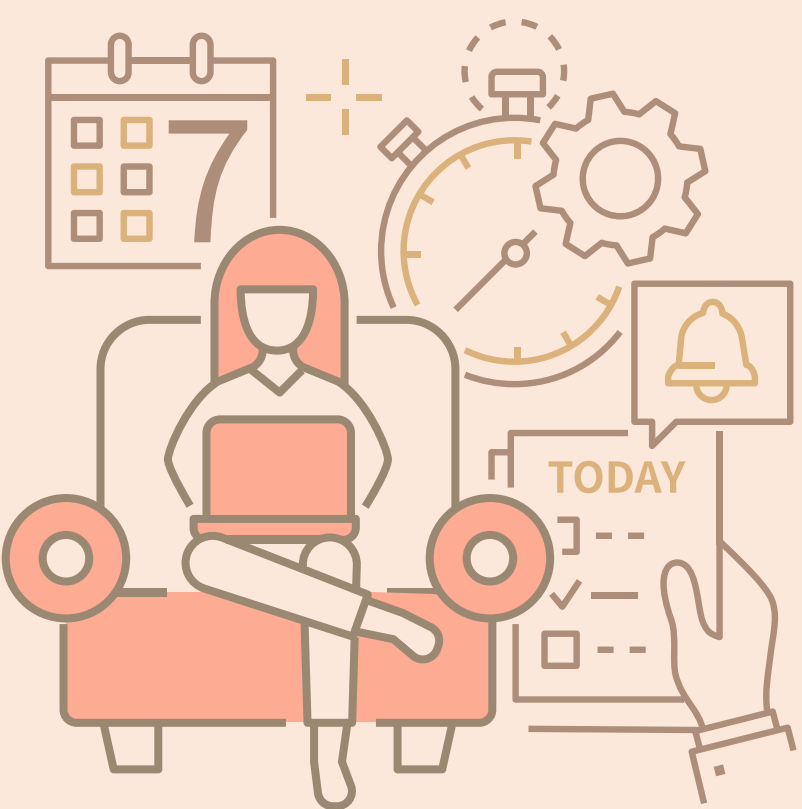
# CURRICULUM KWEENS

## CURRICULUM FREEBIE



JAN.  
2023

S.M.A.R.T. Goal Setting  
Creating space for personal,  
and academic reflection.



Grab the lesson  
plan & resources  
[here!](#)



# CURRICULUM KWEENS

FEB.  
2023



## Black History Month Bulletin Board Ideas



ENGLISH

BIPOC Moguls in the Media



MATH

Black Billionaires



HISTORY

The African Diaspora



SCIENCE

Black Innovative Inventors

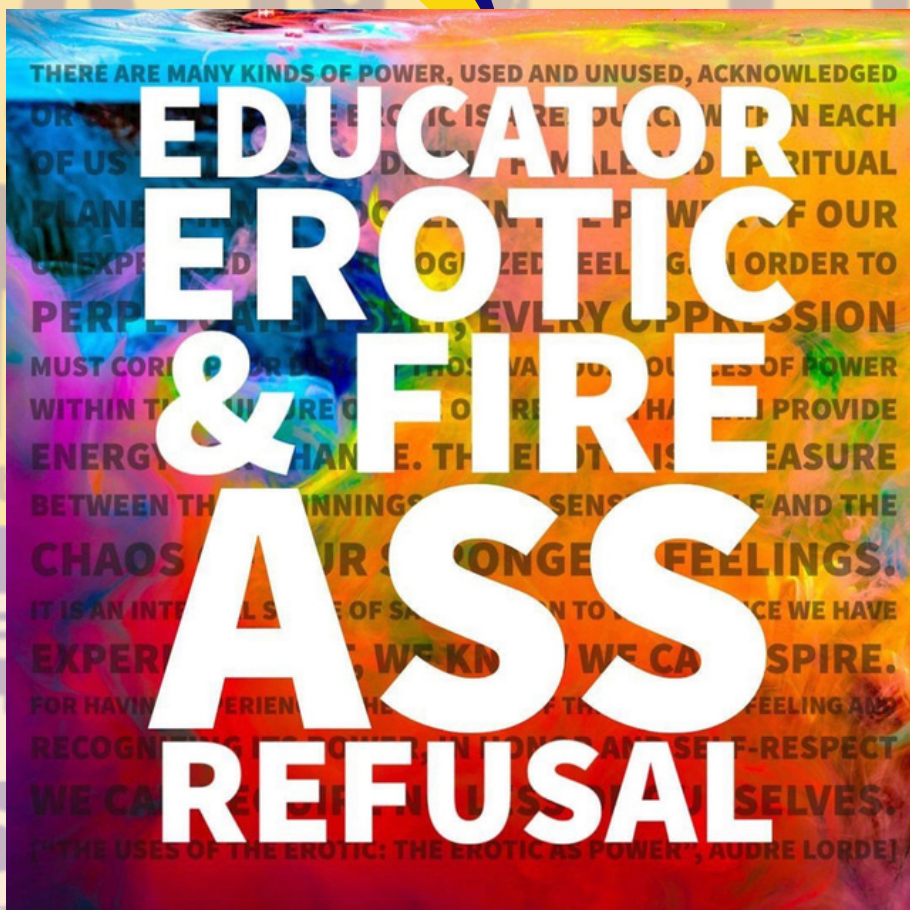
Extra Credit: Ask Ss to choose something from the board to teach their peers more about in 5 minutes or less!  
Options could include: Ted Talk, Reel, TikTok, or Presentation!

# CURRICULUM KWEENS

We were featured on the  
"Dancing On Desks" Podcast!



Tune in to learn  
more about our journey &  
approach to pedagogy.





# CURRICULUM KWEEN'S

## Collaborate with Us!

TELL US HOW THE  
SCHOOL YEAR IS GOING  
AND HOW WE CAN  
SUPPORT YOUR WORK!!



TAKE OUR SURVEY &  
ENTER INTO OUR RAFFLE!!

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## Co - Teach with a Curriculum Kween!



**COMING  
SOON!**

**MARCH  
2023**

We're launching a pilot coaching program to support High School educators with curriculum design and classroom culture. Read more for WHO we're looking for:

- NYC High School Educator
- Humanities Content (History or English)
- Less than 5 years teaching experience

Sign up for more details!



Stay Connected

[www.curriculumkweens.com](http://www.curriculumkweens.com)